



## ADOLESCENT TREATMENT AND HEALING CENTER

*“Where healing begins, hope is discovered, & opportunities unfold”*

The Adolescent Treatment and Healing Center will serve as a beacon of hope for our entire community by providing adolescents and their families a higher standard of substance abuse treatment and healing on Kauaʻi.



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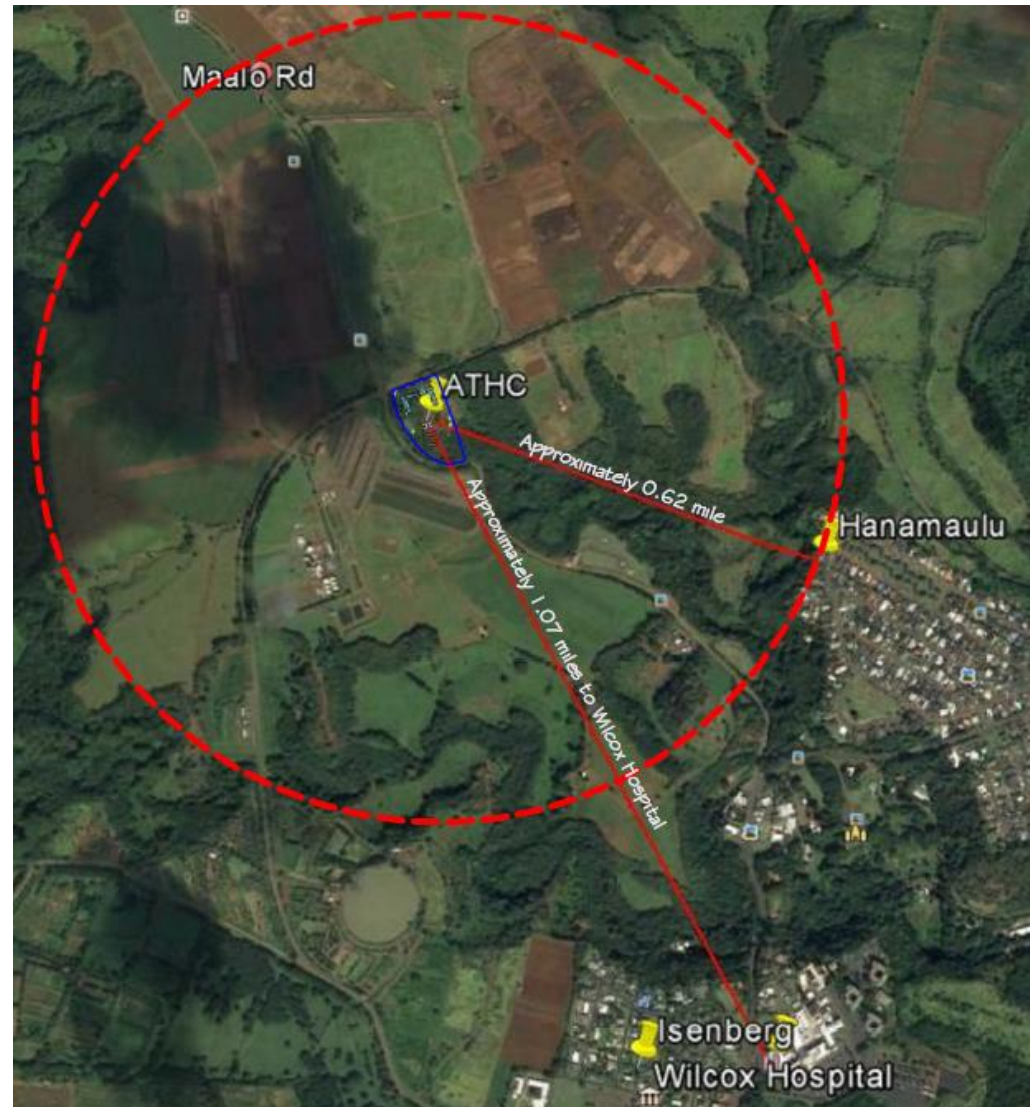
## Introduction

The Adolescent Treatment and Healing Center (ATHC) will be a public facility serving adolescents and their families, as well as the entire community of Kaua'i. The Center will provide residential treatment, assessment, and other levels of treatment services to deal with substance abuse.

It will consist of an integrated treatment and healing center with the capacity to provide a comprehensive, collaborative, community based, clinically-sound, and family-centered infrastructure for delivery of mental health and substance use related supportive services to adolescents.

Life's Choices Kaua'i, an agency of the County of Kaua'i, proposes to develop the ATHC on a 5.825 acre parcel along Mā'alo Road, between Hanamā'ulu and Līhu'e, in the vicinity commonly referred to as Kapaia.

Although the site is convenient, by car, to the Līhu'e town core and Wilcox Hospital, it is more than a half mile away from Hanamā'ulu and over a mile away from the Isenberg neighborhood in Līhu'e. [See **Location Map.**] This rural location was chosen because of its distance from residential neighborhoods and the tranquil surroundings that complement the array of substance abuse treatment services, agricultural training programs, and family focused recreational activities that will be provided at the ATHC.



Location Map

## Project Description

The proposed ATHC facility will be the only one of its kind on Kauaʻi. It has been thoughtfully designed to satisfy the current and future needs for substance use treatment for adolescents and their families on the island.

Careful consideration has been taken in the site selection, design layout, and operational requirements for the ATHC to ensure that it is compatible with the surrounding area.

As shown in the rendering below, the majority of the property will remain in open space for recreational and agricultural treatment activities. The ATHC facility (parking and buildings = 50,032 sq. ft.) will only cover approximately 20% of the entire 5.825-acre parcel.



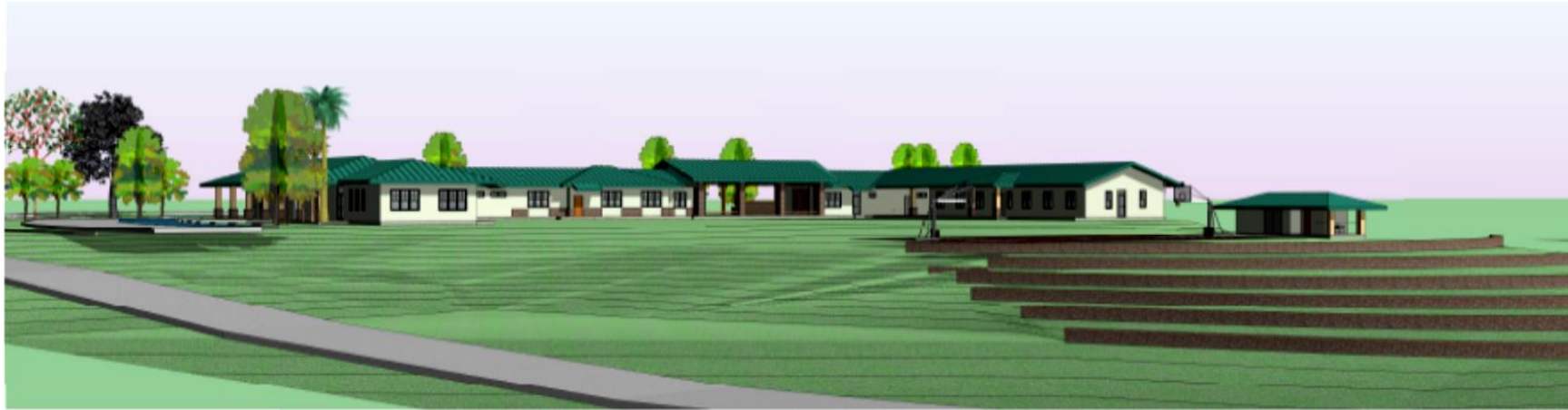
The ATHC facility will cover only 20% of the entire 5.825 acre property.

The property will be landscaped to create the appearance and feel of a safe, tranquil environment. The buildings have been set back from the property boundaries to provide a degree of seclusion and spatial separation from the roadways: Front (northern boundary) 78 ft.; Rear (southern boundary) 575 ft.; Side (eastern boundary) 72 ft.; and Side (western boundary) 81 ft.

Access to the property will be via paved roadway designed and built to County standards and will provide entry to the project parking lot consisting of approximately 60 to 65 stalls.

Electrical power to the project will come from an underground connection to existing KIUC power lines. County water service will be provided by connecting a 1.5-inch water meter to a nearby main along Māʻalo Rd.





① SOUTH WEST VIEW

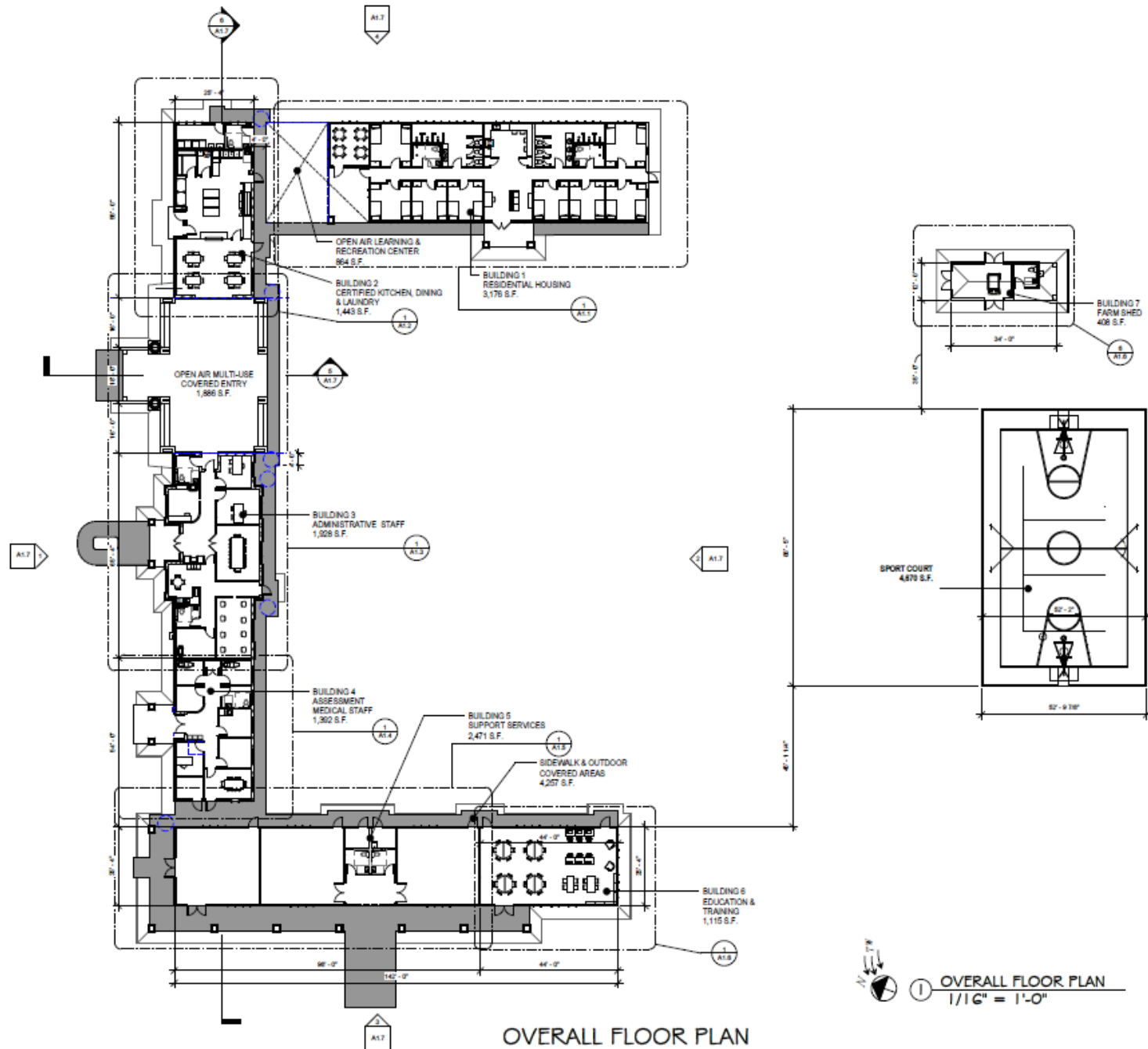
The architectural design will consist of single-story, low profile (maximum height less than 30 feet) plantation style buildings using earth tone exterior colors that will blend with the rural character of the surrounding area.

The facility will be ADA-accessible and utilize energy conservation and environmentally conscious design strategies. The buildings are designed to allow for natural day lighting and cross ventilation thus reducing the demand for artificial lighting and cooling. Some other energy conservation strategies being considered include photovoltaic electrical design, energy efficient LED lighting fixtures, and the use of solar water heating.

As currently proposed, the ATHC will be 14,679 square feet under roof and includes:

- A flexibly designed eight-bedroom residential structure that can be expanded to accommodate up to twelve bedrooms if needed, with four bathroom areas, a small kitchenette, lounge, and an adjoining classroom with a covered patio;
- A certified kitchen to prepare meals and value-added agricultural products, along with dining, laundry, and bathrooms;
- An administrative and assessment complex, containing offices for professional and medical staff, assessment and exam rooms, and conference meeting rooms;
- A building that would house up to ten community and/or professional treatment support services with an attached classroom/training module; and
- A farm/maintenance shed and agricultural gardening areas, along with recreational (basketball court and open play field) areas.

The Overall Floor Plan shows the building lay-out for the proposed ATHC facility.



The center will offer residential long-term care and outpatient treatment for adolescents with mental health, and substance use disorders. It will bring together a broad constituency of stakeholders that are focused on providing (1) mental health/substance use assessment services; (2) day treatment programs; (3) residential and outpatient treatment, with an aftercare component for all levels of care; and (4) family counseling support.

The County plans to contract with an experienced service provider or a coalition of providers to operate the facility.

The facility will have on-site staff on a 24/7 basis to supervise residents and their quarters throughout the day and night. ATHC personnel will include administrative staff, medical personnel, including a part-time medical director, counselors, and other professional support services related individuals. The Hawai'i State Department of Education will provide a part-time teacher.

The ATHC will have a small resident population. ATHC residents are expected to stay on-site, and will be monitored by staff at all times.

In the course of past discussions of plans for the ATHC, some people have been concerned that the residents in treatment might leave the center and visit their neighborhoods. Planning and design for the ATHC addresses this concern in several ways:

- First, the ATHC will serve Kaua'i's youth with serious drug and or mental health problems, not felons.
- The small resident population at ATHC must adhere to strict rules and are required to stay on-site.
- ATHC residents will be monitored by staff, and on-site cameras will allow staff to check that youth in treatment are actually on the premises.
- The Residential Building will have high security doors and windows with alarms that will trigger if breached at night.
- Landscaping will provide clear site boundaries.
- The Kaua'i police have agreed to work with the ATHC staff to respond to neighbors' concerns if youth run away from the treatment center.

ATHC residents will follow a strict routine on a daily basis that begin with a scheduled wake up time. They get ready for breakfast and their day activities. Prior to leaving the residential facility, they take a few moments to do their morning chores.

Adolescents in treatment will be taught to cultivate crops in various on-site gardens as well as prepare food through their own efforts in the certified kitchen. Breakfast will be prepared with supervision by appropriate staff. The Culinary Arts class will provide lunch for all students on campus. Staff and guests may purchase meals at a minimal cost.

Farming will be a large part of the on-site activity for the youth in the program. Traditional Hawaiian food crops such as kalo, 'uala and 'ulu would be grown on-site and incorporated into a healing diet. Produce grown at the ATHC will be used for consumption by residents and staff, donated to families and others, and possibly, value-added products for sale at local venues.

The school/educational component (Monday-Friday) is based on the State of Hawaii, Department of Education (DOE) curriculum, structure, and testing.

The educational component will also follow the DOE calendar and will include Summer School sessions. Culinary Arts, Physical Education, Life Skills Training, Agriculture/Farming and other vocational training and cultural opportunities will be incorporated into the educational program.

Day activities may also include groups such as Study Hall, Chemical Dependency, Relapse Prevention, Conflict Resolution, Anger Management and other Therapeutic Programs.

Evening activities include preparing and having dinner, family therapy, study hall, homework completion, and Alcoholics Anonymous/Narcotics Anonymous meetings.

As part of the evening activities, students will be able to make phone calls to family members and have some recreational/free time. Bedtime will be at 9:30 p.m. each evening.

Saturdays will be reserved for recreational outings and Sundays will be open for family visits at the facility or off property.



**Agriculture will be a large part of the treatment program**

The ATHC will serve as a beacon of hope for our entire community by providing a new standard for substance abuse treatment and healing on Kaua'i that is guided by the philosophy,

*“Where healing begins, hope is discovered, & opportunities unfold”*